

Mixed Berry Smoothie



Effort: Low
Time: 5-mins

Cost per Serving: £1.50
Serves: 4

Vegetarian



**Get Lippy
Over Brunch**

Mixed Berry Smoothie

Ingredients

- 400g frozen berries
- 400g strawberry yoghurt
- 300ml milk
- 2 tsp honey (optional - to serve)

Method

1. Add the berries, yoghurt and milk to a blender and blend until smooth.
2. Pour into glasses.
3. Add a drizzle of honey to serve.

Make this vegan by using coconut yoghurt, plant-based milk, and skip the honey or replace it with a natural sweetener.